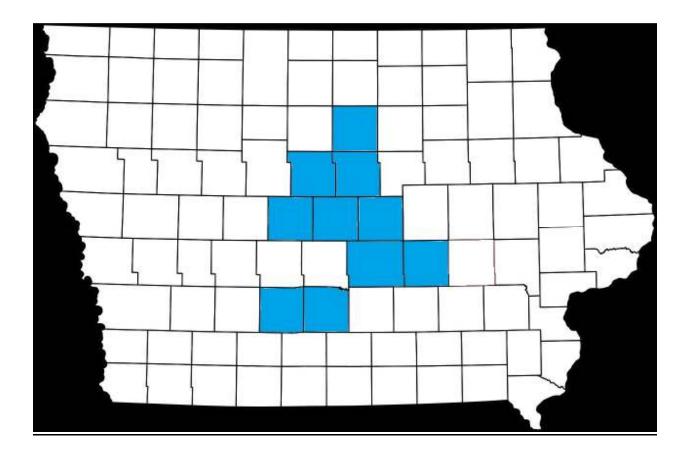
# **Central Iowa Community Services**

# Mental Health and Disability Services Management Plan

## **Annual Service and Budget Plan FY 2015**

Geographic Area: Serving the Counties of Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, and Warren Counties.



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### Introduction

Central Iowa Community Services (CICS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service Region in compliance with Iowa Code 331.390.

In compliance with IAC 441-25 the CICS Management Plan includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual. The Annual Service and Budget Plan includes the services to be provided and the cost of those services, local access points, Targeted Case Management agencies, a plan for ensuring effective crisis prevention and a description of the scope of services, projection of need and cost to meet the need, and provider reimbursement provisions.

The Annual Service and Budget Plan has been approved by the CICS governing board and is subject to approval by the Director of Human Services.

CICS Management Plans once approved by the Director of the Human Services will be available in each local CICS office and on the County (listed below) and DHS Websites. http://dhs.iowa.gov

**Boone County** 

900 W. 3rd St. Boone, Iowa 50036 Phone: (515) 433-0593 Fax: (515) 432-2480 Website: www.co.boone.ia.us

Office Hours: Monday - Friday, 9:00am - 4:30pm

Franklin County

123 1st Ave. SW Hampton Iowa 50441 Phone: (641) 456-2128 Fax: (641) 456-2852

Website: http://co.franklin.ia.us

Office Hours: Monday - Friday, 8:00am - 4:30pm

**Hamilton County** 

500 Fairmeadow Dr. Webster City, Iowa 50595 Phone: (515) 832-9550 Fax: (515) 832-9554

Website: www.hamiltoncounty.org

Office Hours: Monday - Friday, 8:00am - 4:30pm

Hardin County

1201 14th Ave. Eldora, Iowa 50627 Phone: (641) 939-8168 Fax: (641) 939-8247 Website: www.co.hardin.ia.us

Office Hours: Monday - Friday, 8:00am - 4:30pm

**Jasper County** 

115 N. 2nd Ave. East Newton, Iowa 50208 Phone: (641) 791-2304 Fax: (641) 787-1302 Website: www.co.jasper.ia.us Office Hours: Monday - Friday, 8:00am - 4:30pm Madison County

209 E. Madison Winterset, Iowa 50273 Phone: (515) 462-2931 Fax: (515) 462-3076 Website: www.madisoncoia.us

Office Hours: Monday - Friday, 8:00am - 4:30pm

**Marshall County** 

101 E. Main St. Marshalltown, Iowa 50158 Phone: (641) 754-6390 Fax: (641) 754-6391 Website: www.co.marshall.ia.us

Office Hours: Monday - Friday, 8:00am - 4:30pm

Poweshiek County

120 West St. Grinnell, Iowa 50112 Phone: (641) 236-9199 Fax: (641) 236-0599

Website: www.poweshiekcounty.org

Office Hours: Monday - Friday, 8:00am - 4:30pm

Story County

126 S. Kellogg Ave. Suite 001 Ames, Iowa 50010 Phone: (515) 663-2930 Fax: (515) 663-2940

Website: www.storycountyiowa.gov

Office Hours: Monday - Friday, 8:00am - 4:30pm

Warren County

1007 S Jefferson Way Indianola, Iowa 50125 Phone: (515) 961-1068 Fax: (515) 961-1142

Website: www.co.warren.ia.us

Office Hours: Monday - Friday, 8:00am - 4:30pm

## **Access Points**

An access point is a part of the CICS service system that is trained to complete the MH/DS regional applications and refer individuals for service eligibility.

CICS has retained previous county designated access points as a beginning point to expand access to the regional system. New network providers and partners may also be designated as access points. Access points will be educated to respond to the individual's stated and assessed needs by providing linkage to appropriate programs. CICS will provide ongoing training on the referral and application process for all funding streams and comprehensive continuous integrated system of care.

Primary Access Points	Address	Phone number	
Boone County Community Services	900 W 3rd St. Boone IA 50036	515-433-4889	
Franklin County Community Services	123 1St Ave SW Hampton IA 50441	641-456-2128	
Hamilton County Community Services	500 Fairmeadow Dr. Webster City IA 50595	515-832-9550	
Hardin County Community Services	1201 14th Ave Eldora IA 50627	641-939-8168	
Jasper County Community Services	115 N 2nd Ave E, Newton IA	641-791-2609	
Madison County Community Services	209 E Madison St, Madison IA	515-462-3076	
Marshall County Community Services	101 East Main, Marshalltown IA	641-754-6390	
Poweshiek County Community Services	120 West St, Grinnell IA 50112	641-236-9199	
Story County Community Services	126 S Kellogg Ave Suite 001, Ames IA	515-663-2930	
Warren County Community Services	1007 S. Jefferson Way, Indianola, IA	515-961-1068	
Access Points	Address	Phone number	
Advanced Therapy Solutions/Optimae LifeServices	1730 1st Ave E, Newton IA	641-787-9133	
Berryhill Center for Mental Health	1610 Collins Street Webster City IA	515-832-6626	
Capstone Behavioral Healthcare, Inc	306 N 3rd Ave E, Newton IA	641-792-4012	
Center Associates	9 North 4th Ave., Marshalltown, IA	641-752-1585	
Center Associates	9 N. 4th Ave. Marshalltown, IA	641-752-1585	
Central Iowa Residential Services Inc.	111 E Linn St Marshalltown, IA	641-752-5762	
Christian Opportunity Center	1602 N 14th St Indianola, IA 50125	515-961-3653	
Crossroads Mental Health	1223 E Buchanan Street, Winterset, IA 50273	515-462-3105	
Eyerly Ball Community Mental Health Services	105 S Marshall, Boone, IA 50036	515-298-0181	
Eyerly Ball Community Mental Health Services	2521 University Boulevard, Suite 121, Ames, IA	(515) 598-3300	
Eyerly-Ball Mental Health	1301 Center St. DSM, IA 50139	515-243-5181	
Genesis Development	927 8th Street, Boone, IA 50036	515-432-7288	
Genesis Development	115 E Washington, Winterset IA 50273	515-462-9083	
Genesis Development	1809 W 2nd Ave, Indianola, IA 50125	515-961-6918	
Hansen Family Hospital Behavioral Health Services	322 ½ College Ave, Iowa Falls, IA	641-648-6491	
Hardin County FIA Friendship Club	602 South Oak St., PO Box 622, Iowa Falls, IA.	641-648-7500	
House of Mercy	200 N 8th Ave E, Newton IA	641-840-0612	
Madison County Memorial Hospital	300 W Hutchings Street, Winterset, IA 50273	515-462-2373	
Mary Greeley Medical Center	1111 Duff Avenue, Ames IA	Adult Behavioral Unit - (515) 239-2683 Emergency Room - (515) 239-2155 TLP - (515) 239-6747	
MIW, Inc.	909 S. 14th Ave. Marshalltown, IA	641-752-3697	
Orchard Place Guidance	808 5TH Ave, DSM, IA, 50309-1307	515-244-2267	
Story County Community Life Program	104 S. Hazel Avenue, Ames, IA	(515) 956-2600	
Story County Medical Center	640 South 19th Street, Nevada, IA	(515) 382-2111	
Van Diest Medical Center	2350 Hospital Drive Webster City IA	515-832-9400	

### Targeted Case Management

CICS offers access to cost effective, evidenced based, conflict free Targeted Case Management as described in IAC 441-25.21(1)g.

Designated Case Management agencies serving CICS are accredited according to the rules of the Department of Human Services. Targeted Case Managers meet the qualifications as defined in IAC 441. Targeted Case Management meet the following expectations:

- Performance and outcome measures relating to the safety, work performance, and community residency of the individuals receiving the service.
- Standards including but not limited to social history, assessment, service planning, incident reporting, crisis planning, coordination, and monitoring for individuals receiving the services.
- Methodologies for complying with the requirements of sub rule 441-25.21 g, which may include the use of electronic recording keeping and remote or internet based training.

The CICS Administrative Team evaluated interested agencies, and made recommendations to the Regional Governance Board, who designated Targeted Case Management agencies to offer services to individuals enrolled in the Medicaid Program.

CICS has identified and designated the following providers for case management in the CICS region:

- Central Iowa Case Management serving Franklin, Hardin, Marshall and Story Counties
- County Community Services Case Management serving Boone, Hamilton and Madison Counties
- Poweshiek County Case Management serving Poweshiek County

Warren County Case Management serving Jasper and Warren Counties

TCM Contact Information	Address	Phone number
Central Iowa Case Management		
Franklin County	123 1St Ave SW Hampton IA 50441	641-456-2128
Hardin County	1201 14th Ave Eldora IA 50627	641-939-8168
Marshall County	101 East Main, Marshalltown IA	641-754-6390
Story County	126 S Kellogg Ave Suite 001, Ames IA	515-663-2930
County Community Services Targeted C	Case Management	
Boone County	900 W 3rd St. Boone IA 50036	515-433-4889
Hamilton County	500 Fairmeadow Dr. Webster City IA 50595	515-832-9550
Madison County	209 E Madison St, Madison IA	515-462-3076
Poweshiek County Case Management	120 West St, Grinnell IA 50112	641-236-9199
Warren County Case Management		
Warren County	1007 S. Jefferson Way	515-961-1068
Jasper County	115 N 2nd Ave E, Newton IA	641-791-2609

### Crisis Planning

Crisis prevention, response and resolution are varied throughout the member counties of CICS and dependent on providers of treatment services and emergency rooms at local hospitals. CICS staff is reviewing member counties' crisis resources to determine needs of specific areas.

#### Prevention

CICS has identified Mental Health First Aid (MHFA) training for the general public as an important tool for prevention. Trainings will be offered in each member county throughout CICS by certified trainers during FY 15. Funds for this initiative have been budgeted under public education.

#### **Current Crisis Services**

24 hour access Current basic crisis response provisions, including 24 hour access to crisis response and evaluation, is provided through Community Mental Health Centers. Brochures are being developed to educate the public about this service.

Telephone Service. The provider will provide telephone service 24 hours a day and 7 days a week. Purpose is to achieve immediate relief of distress in pre–crisis and crisis situations, reduction of the risk of escalation of a crisis, arrangements for emergency responses when necessary to protect individuals in a crisis, and referral of callers to appropriate services when other or additional intervention is required.

Consultation services. Provider will provide on-site consultation services to local hospitals, emergency personnel, and law enforcement: Conduct face-to-face risk assessment of all individuals who may need emergency inpatient psychiatric hospitalization, provide assistance to law enforcement officers involved in the situation by providing evaluation criteria, conduct the assessment required under Iowa Code 229 for referral to or arrangement for any additional mental health or substance abuse services which may be needed.

Walk-in Services. Provider will provide walk-in services during normal business hours of operation. Walk-in services provide face-to-face support and intervention on an unscheduled basis. Walk-in services shall be directed at achieving one or more of the following outcomes: Immediate relief of distress in crisis situations, referral to or arrangement for additional mental health services or substance abuse services which may be needed, self-directed access to mental health services.

Service Coordination: The provider shall coordinate services and needed follow-up with the member county and other providers and programs. The provider shall also facilitate crisis coordination meetings with relevant emergency response partners (i.e. law enforcement, emergency room staff, County).

*Documentation:* Provider shall provide monthly documentation including dates, time, service provided, individual served, service location and outcome of each contact to the member county by the 15<sup>th</sup> business day of the month following the month of service.

Emergency Service Providers.

Area	Provider	Location	Phone
Boone	Eyerly Ball Community Mental Health Services	105 S Marshall, Boone, IA 50036	515-298-0181
Franklin	Berryhill Center for Mental Health	1610 Collins Street Webster City IA	515-832-6626
Hamilton	Berryhill Center for Mental Health	1610 Collins Street Webster City IA	515-832-6626
Hardin	Center Associates	9 N. 4th Ave. Marshalltown, IA	641-752-1585
Jasper	Capstone Behavioral Healthcare, Inc	306 N 3 <sup>rd</sup> Ave E, Newton IA	641-792-4012
Madison	Crossroads Mental Health	1223 E Buchanan Street, Winterset, IA 50273	515-462-3105
Marshall	Center Associates	9 N. 4th Ave. Marshalltown, IA	641-752-1585
Poweshiek	Grinnell Regional Mental Health Center	210 4th Ave. Grinnell, IA 50112	641-236-2347
Story	Eyerly Ball Community Mental Health Services	2521 University Boulevard, Suite 121, Ames, IA	(515) 598-3300
Warren	Eyerly-Ball Community Mental Health Services	1301 Center St. Des Moines, IA	515-243-5181

#### Individual support plans

Crisis prevention, response, and resolution of crisis are handled through the normal services and supports people receive and are required elements in the treatment and support plans that are prepared by Network Providers, Integrated Health Homes, Targeted Case Management, and Service Coordination. Customized plans are developed to help an individual identify the triggers that lead to crisis and coping mechanisms or natural supports to help them relieve symptoms to avoid crisis situations. Some agencies also develop a Wellness Recovery Action Plan (WRAP) that complements the coordination plan.

#### Mobile Crisis

Mobile Crisis Response Team available in Warren County is specifically designed to deal with mental health crises that are identified by law enforcement and can be dealt with through therapeutic intervention rather than a criminal justice intervention.

#### Transitional and Crisis Stabilization

Mary Greeley Transitional Living Program (TLP) in Ames for crisis stabilization and hospital diversion as well as sub-acute support after inpatient treatment at a hospital.

#### Planning for FY 15

- 1) Identify the level of service needs in each member county.
- 2) Replicate effective programs in member counties.
- 3) Provide services at a local level through use of a continuum of care as much as possible.
- 4) Develop services in addition to inpatient and outpatient settings.
  - a. Crisis stabilization\*
  - b. Transition/Respite services\*
- 5) Educate the community on mental health issues.
- 6) Develop a holistic system using current services that can provide a continuum of care that can be emulated by other rural settings.
- 7) Provide pre and post statistical information that will measure the cost effectiveness of this approach to services.

<sup>\*</sup>Funds have been budgeted under Development of Services.

#### Additional Planning

Emergency services related to Commitments:

Boone, Story and Warren counties have implemented pre-commitment screening services. CICS is reviewing the pre-commitment screening policies and will be working with the court districts and other stakeholders to expand this service throughout the region.

# Scope of Services and Budget for FY 15

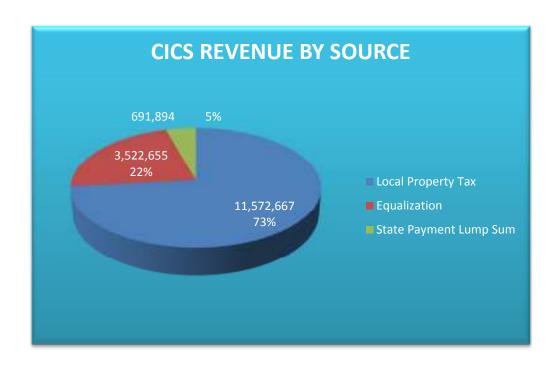
CICS is in the development stage of standardization and regionalization. The FY 15 budget was developed at the local level with input and collaboration with stakeholders to assess needs. Additional funds were budgeted for development and decentralization of core and core plus services. As the funder of non-Medicaid services, CICS is the funder of last resort. CICS will assist individuals in applying for all funding available to them and will collaborate on individualized planning for services and supports incorporating all funding streams available through Service Coordinators. The CICS Governing Board authorized member Counties to continue to use locally held Regional Fund 10 dollars to support administrative and service claims using the general accounting procedures of their respective county including reconciliation of financial transaction, voucher approval process through local board of supervisors, retention of claims and records and in accordance with Regional contracts in place and within the boundaries of the Regional Management Plan.

### **Fund Balance**

Estimated fund balance for FY 14--- \$12,030,863. (as estimated by member Counties)

### Revenue

CICS	<b>Local Property</b>		State		State		State Payment		
<b>Member County</b>		Tax asking	Equalization			Lump sum	TOTAL		
Boone	\$	878,967.00	\$	359,532.60	\$	130,879.00	\$ 1,369,378.60		
Franklin	\$	358,934.00	\$	140,059.12	\$	313.00	\$ 499,306.12		
Hamilton	\$	725,464.32	\$	-	\$	40,405.00	\$ 765,869.32		
Hardin	\$	818,038.56	\$	-	\$	12,280.00	\$ 830,318.56		
Jasper	\$	1,730,542.56	\$	-	\$	75,164.00	\$ 1,805,706.56		
Madison	\$	534,189.00	\$	205,932.12	\$	9,756.00	\$ 749,877.12		
Marshall	\$	1,931,718.96	\$	-	\$	115,038.00	\$ 2,046,756.96		
Poweshiek	\$	444,227.00	\$	441,611.08	\$	28,065.00	\$ 913,903.08		
Story	\$	3,066,575.00	\$	1,242,524.20	\$	269,355.00	\$ 4,578,454.20		
Warren	\$	1,084,011.00	\$	1,132,995.48	\$	10,639.00	\$ 2,227,645.48		
TOTALS	\$	11,572,667.40	\$	3,522,654.60	\$	691,894.00	\$ 15,787,216.00		



## Scope of Services/Budget

The chart below identifies service domains including core and additional services and development of services to meet access standards as identified in IAC 441-25.3. The budgeted amount reflects the projected needs, as adequate funding is available for FY 15.

Core Service Domains	Definition	Coi Pop	e ulations	n Core ulations	Other Funding Sources
Assessment and Evaluations	The clinical review by a mental health professional of the current functioning of the individual using the service in regard to the individual's situation, needs, strengths, abilities, desires and goals to determine the appropriate level of care. Access within 4 weeks for individuals who have received inpatient services.	\$	116,200		Medicaid, Private Insurance
Case Management (Service Management)	Service provided by a case manager who assists individuals in gaining access to needed medical, social, educational, and other services through assessment, development of a care plan, referral, monitoring and follow-up using a strengths-based service approach that helps individuals achieve specific desired outcomes leading to a healthy self-reliance and interdependence with their community. Access within 10 days of request.	\$	111,500	\$ 36,000	Medicaid
Crisis Evaluation	The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute episode. Access within 24 hours.*	\$	50,000		Medicaid, Private Insurance

Day Habilitation/ Adult Day	Services that assist or support the individual in developing or maintaining life skills and community integration. Services shall enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility.	\$ 339,820	\$ 148,420	Medicaid
Family Support/Peer Support	Family support peer specialist and peer support specialist that assist the family of an individual to live successfully including, but not limited to, education and information, individual advocacy, family support groups, and crisis response.	\$ 240,000		
Health Homes	A service model that facilitates access to an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports for both children and adults with chronic conditions. Services may include comprehensive care management; care coordination and health promotion; comprehensive transitional care from inpatient to other settings, including appropriate follow-up; individual and family support, which includes authorized representatives; referral to community and social support services, if relevant; and the use of health information technology to link services, as feasible and appropriate.	\$ 50,000		Medicaid
Home and Vehicle Modification	A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence.	\$ 24,000		Medicaid
Home Health/ Homemaker	Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician.	\$ 31,300	\$ 3,000	Medicaid
Job Development	Services that assist individuals in preparing for, securing and maintaining gainful, competitive employment. Employment shall be integrated into normalized work setting, shall provide pay of at least minimum wage, and shall be based on the individual's skills, preferences, abilities, and talents. Services assist individuals seeking employment to develop or re-establish skills, attitudes, personal characteristics, interpersonal skills, work behaviors, and functional capacities to achieve positive employment outcomes.	\$ 10,000		Medicaid, Iowa Vocational Rehabilitation Services
Outpatient Treatment Services	Includes Medication prescribing and management, therapy. Access standards emergency within 15 minutes of contact, urgent within one hour of contact or 24 hour of phone contact, routine within 4 weeks of request for appointment (within 45 miles)*	\$ 1,120,600		Medicaid, Private Insurance

Mental Health	24-hour settings that provide services to treat acute psychiatric conditions. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms,					
Inpatient Treatment	address health and safety needs and develop a comprehensive and appropriate discharge plan. Access within 24 hours and close proximity*	\$	1,134500			Medicaid, Private Insurance
Personal			,			
Emergency Response	An electronic device connected to a 24-hour staffed system which allows the individual to access assistance in					
System	the event of an emergency.  Prevocational services- services that focus on	\$	3,500			Medicaid
Prevocational	developing generalized skills that prepare an individual for paid or unpaid employment. Skill development includes but is not limited to following directions, attending to tasks, task completion, problem solving, and safety and mobility training. Prevocational services can	<i>t</i> h	444,000	<i>a</i>	444.200	
Services	be provided in a variety of settings	\$	644,000	\$	144,300	Medicaid
Respite Services	A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis.	\$	136,222			Medicaid
	An approach to holding individuals porticipate as much					
Supported Employment	An approach to helping individuals participate as much as possible in competitive work in integrated work settings that are consistent with the strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice of the individuals. Services are targeted for individuals with significant disabilities for whom competitive employment has not traditionally occurred; or for whom competitive employment has been interrupted or intermittent as a result of a significant disability including either individual or group supported employment, or both, consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. Access standards within 60 days of request.*	<b>\$</b>	488,000	\$	215,000	Medicaid, Iowa Vocational Rehabilitation Services
Supported Community Living	Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs Access standard within 4 weeks of request.*	\$	1,050,000	\$	390,000	Medicaid
Twenty -Four Hour Crisis	Program designed to stabilize an acute crisis episode,					
Response	which is available 24 hours a day, 365 days a year.	\$	246,000			
Additional Services						
Transportation	Services for consumers to conduct business errands or essential shopping, to receive medical services not reimbursed through Title XIX, to go to and from work, recreation, education or day programs, and to reduce social isolation.	\$	182,000			Medicaid

D : N 1	Supports to allow the individual to maintain an	Ф.	02.000		
Basic Needs Prescription	affordable home in the community	\$	93,000		
Medications/					26 11 11
Physiological	Services designed to prevent, halt, control, relieve or reverse symptoms or conditions which interfere with the				Medicaid, Private
Treatment	normal physiological functioning of the human body.	\$	129,900		Insurance
	1 7 8 8		,		
	Facilities licensed as residential care facilities, including				
Residential	those with special licenses for individuals with intellectual				
Care Facilities	disabilities or for persons with mental illness.	\$	3,245,000		Medicaid
	Location where individuals and center peer staff assist				
Peer Drop in	each other in solving their social, recreational, housing, transportation, and vocational problems.	\$	55,000		
•	Services designed to identify an individual's needs and	"	,		
Information	provide information about services and resources, both	dt-	15 500		
and Referral	public and private that may address the needs.	\$	15,500		
	Activities provided to increase awareness and understanding of the causes and nature of conditions or				
	situations which affect a person's functioning in society				
Public	including prevention activities, and public awareness				
Education	activities	\$	100,000		
Payee Services	Activities provided to manage an individual's finances.	\$	13,500		
	Individualized services designed to increase the consumer's ability to function independently to prevent				
Intensive	or reduce the need for services in a hospital or residential				
Psychiatric	setting, and to promote the consumer's recovery of the				
Rehab	ability to perform a valued role in society.	\$	100,000		Medicaid
Civil		dt.	404707		
Commitments	Advocate, transport, legal services	\$	484786		
	#D :				
	*Projection for Development of Services to				
	Meet Access Standards and Implement Evidence Based Practices				
	Evidence based Fractices				
Supported	RFP to begin and expand evidence based SE and meet				
Employment	access standards	\$	1,100,000		
Jail Diversion	Intensive Case Management	\$	325,000		
Crisis					
Evaluation	Access to Crisis Services 24 hours a day including		<b>5.</b> 40.000		
and Services	Development of Stabilization and Respite	\$	540,000		
	Financial Assistance to provide stable private and secure housing to individuals as long as they meet the basic				
	obligations of tenancy, such as paying rent, and access to				
0 1	the support services needed to retain housing. with the				
Supported	same rights and responsibilities as all community	•	450,000		
Housing	members.	\$	450,000		
Total		\$ 1	2,629,328	\$ 936,720	
	Direct Admin, purchased admin and Regional service				
Admin	Coordination	\$	1,545,750		
Grand Total					\$15,111,798

### Financial Forecasting

Historical service utilization is the starting point for all financial projections. However, recent changes in the system including transition to residency and Iowa Health and Wellness Plan have provided challenges to using historic data.

Throughout the year CICS staff, the regional advisory board and local stakeholders will identify unmet needs and areas for service development, and accounting for legislative action which will be incorporated into subsequent budgets.

### **Provider Reimbursement Provisions**

#### Incorporating the System of Care Approach in Requests for Proposals and Contracts:

In order to support service expansion efforts CICS may offer requests for proposals (RFPs) in combination with other strategies, including traditional fee for service, startup costs, and grant funds for specified services.

#### Request for Proposal:

CICS issued a competitive request for proposal to expand supported employment to the member counties. Selected providers will begin or enhance services and will be reimbursed for expenditures related to the program, development or expansion of a community rehabilitation program providing the services identified as necessary and compensation for staffing. The following summarizes the expectations and timeframes for monitoring.

- The provider shall submit progress reports concerning the progress and provider performance on the goals and objectives on a quarterly basis.
- The provider shall submit invoices and billings on a monthly basis.
- The provider shall participate in all on site contract reviews which shall include at least one per year where the financial and programming performance is reviewed.
- The provider shall follow recommendations sited by the review.
- The provider shall keep CICS staff well informed of their performance on a quarterly basis (updated summary reports of work with the clients served.)
- The provider shall correct identified deficiencies or findings by the local and regional level staff and submit progress reports to any such corrective action plan.

RFPs may be issued for additional services as needs are identified.

#### Fee for service:

Contractual requirements will be used to ensure that all system participants are aligned with system of care principles. Each service provider shall provide monthly billing invoices within 60 days of service provision, and other information requested of the provider for utilization review. The monthly billings shall include the following information:

- Name and unique identifier of each individual served during the reporting period.
- Dates of service.
- Number of units of service delivered to each individual served.
- When requested, attendance records.
- Unit rate and total cost of the units provided to each individual. Copayments or other charges billed to other sources shown as deductions on the billing.
- Actual amount to be charged to the Region for each individual for the period.

#### Startup costs:

Friends Forever Social Education Center, a Hamilton County enterprise requested startup funds to begin providing Supported Community Living in the community. Startup costs may be considered as needs are identified.

#### Grant funds:

Grant funds may be considered to cover costs on new services until a fee for service rate can be established. Other uses may be to provide access to crisis services.

All eligible bills shall be paid within 60 days of receipt of required documentation unless unforeseen circumstances exist.

No billings received more than 60 days after the close of the fiscal year in which the service was provided shall be considered for payment by CICS unless there is a statutory obligation. Fiscal year for CICS is July 1 – June 30.

#### **Provider Network**

CICS has identified the following providers currently contracting with the region. Additional providers may be added throughout the year as services are developed to meet the continuum of service needs of individuals. CICS will also use providers who's base of operation is outside of CICS and will honor host region agreements.

Agency	
Access, Inc.	House of Mercy
Ames Counseling/Psyc Services	Jasper Co. Home Care
Anne McCrea, LISW	Journey Counseling & Consultation
Arc of Story County	Legal Aid of Story County
Berryhill Center	Lutheran Services in Iowa (LSI)
Boone County Transportation	Madison County Public Transportation
Broadlawns Medical Center	Mainstream Living
Capstone Behavioral Health	Mary Greeley Medical Center
Center Associates	MIDAS
Central Ia. Psychological Services	Mid-Iowa Workshop
Christian Opportunity Center	Mosaic
CIRSI, Inc.	NAMI Story County
Consumer Credit Counseling	Optimae Life Services
Crossroads Mental Health Center	Orchard Guidance Center
Diamond Life	Pam Caviness, LISW
Eyerly Ball Mental Health Center	Progress Industries
Friends Forever	Friendship Club
Gabrielle Barloon, M.D.	Region Six/Peoplerides
Genesis Development	REM Ia. Developmental Services
Grinnell Regional Hospital	Skiff Homecare
Hansen Family Hospital Behavioral Healthcare	Story Co. Community Life Program
HIRTA Transit	Youth & Family Services
Homeward	Youth and Shelter Services